

Download The Path To Her Heart Depression Series

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Sylvia Plath was one of the most dynamic and admired poets of the 20th century. By the time she took her life at the age of 30, Plath already had a following in the literary community. In the ensuing years her work attracted the attention of a multitude of readers, who saw in her singular verse an attempt to catalogue despair, violent emotion, and obsession with death. I'm posting this again in support of Lindsay and Bjork and their Feeding a Broken Heart #feedingabrokenheart campaign! They are the authors of Pinch of Yum blog and very likely the first food blog I followed, where I learn with and from! Sylvia Plath (/ p l æ ? /; October 27, 1932 – February 11, 1963) was an American poet, novelist, and short-story writer. Born in Boston, Massachusetts, she studied at Smith College and Newnham College at the University of Cambridge before receiving acclaim as a poet and writer. She married fellow poet Ted Hughes in 1956, and they lived together in the United States and then in England. Depression is the leading cause of disability in the world; in the United States, close to ten percent of adults struggle with the disease. But because it's a mental illness, it can be a lot harder to understand than, say, high cholesterol.