

Download The Official Lamaze Guide For A Healthy Pregnancy Birth

The Official Lamaze Guide: For a healthy Pregnancy & Birth [Judith Lothian, Charlotte DeVries, Christine Zuchora-Walske] on Amazon.com. *FREE* shipping on qualifying offers. The Official Lamaze Guide is the first and only official pregnancy and childbirth guide endorsed by Lamaze International. The Official Lamaze Guide: Giving Birth with Confidence, a book by Judith Lothian and Charlotte DeVries, can be used by birth educators to alter the focus from learning what to expect when one fears the worst to empowering women to understand that birth is usually a healthy, normal process. The Official Lamaze Guide now presents Lamaze's six Healthy Birth Practices to promote natural, safe, and healthy birth experiences. The Official Lamaze® Guide is a celebrated winner of an iParenting Media Award. Lamaze International is an organisation providing natural childbirth training for pregnant mothers. This is the official guide to pregnancy presenting the Lamaze method of natural childbirth and was written to help mothers understand the risks of clinical procedures in childbirth.